

A photograph of a baseball player in a white pinstriped uniform sliding into a base. The player is wearing a red helmet and is in a dynamic, low-to-the-ground position. The background is a blurred green field. The text is overlaid on the right side of the image.

# **Concepts of Athletic Training**

**FIFTH  
EDITION**

***Ronald P. Pfeiffer  
Brent C. Mangus***

## **Chapter 2**

### **The Athletic Health Care Team**

# Sports Medicine

Definition:

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# Key Team Members

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# Sports Medicine Team

The **Sports Medicine Team** includes: team physician, athletic trainer, coaching staff, and other related health care practitioners.

# Coaches

**Coaches** in public school settings should be trained in:

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# Team Physician

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- Some duties include:
  - Coordinate preparticipation screening, examination, and evaluation.
  - Manage injuries on the field.
  - Provide for medical management.
  - Develop a chain of command

# Sports Medicine Team

The team's role in medical management of athletes includes:

Coordinating pre-participation physical exams.

- Providing medical management of injuries and illnesses on and off the field.
- Coordinating rehab and a safe return to participation after illness or injury.
- Providing education and counseling for coaches, athletes, and parents.
- Providing proper documentation and medical record keeping.

# Athletic Trainer

**BOC-certified athletic trainer:** \_\_\_\_\_

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Athletic trainers receive formal instruction in:

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# BOC Certification

To qualify:

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# Professional Settings for Athletic Trainers

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